

2010 North Shore Mustang Girls Basketball Camp

Monday, June 14th through Thursday, June 17th
6:00-8:30 pm @ North Shore Sr. High
Grades 3rd - 9th

Camp Information

Dates: June 14- June 17

Time: 6:00-8:30 pm

Location: North Shore Senior High School gyms (353 N.Castlegory, Houston, TX 77049)

Cost: \$50.00 before June 1st, \$60.00 after June 1st

-there is a discount for multiple children who sign up together

** Each camper will receive a camp T-shirt and Participation Award. Various contest awards will be given also.

Areas covered: Shooting, Footwork, Ball handling, Passing, Defense, Rebounding, and Team concepts.

SAMPLE CAMP SCHEDULE

6:00-6:10	Free Shoot/Stretch	
6:10-6:35	Mass Drills	Ball Handling, Shooting Form
6:35-7:10	Stations	Lay-ups, Footwork, Defense, Passing
7:10-7:20	Break	
7:20-7:45	Contests	Lay-up, Hot Shot, Free Throw
7:45-8:00	Three-on-Three Tourney	
8:00-8:20	Full Ct Drills	3 man weave, Partner passing, side-center-side
8:20-8:30	Review	

Camp Registration Form

CAMP REGISTRATION FORM

Name _____

Age _____ Grade (next school year) _____

School _____

Parent/Guardian _____

Address _____ Zip _____

Phone _____

Emergency contact*** _____

T-shirt Size: Adult ***S*M*L*XL* (please circle)

MEDICAL AND INSURANCE WAIVER

This is to certify that I, parent or guardians of, _____, a participant in the North Shore Mustang Basketball Camp agree that the camp organizers or GPISD will not be held responsible for injuries or death that could occur while participating in summer camp, or being transported to or from camp. I give the right, however, for camp personnel to administer medical attention in case of injury.

As parent/guardian, I carry insurance for the player named above and do not hold the camp responsible for insurance.

Parent/Guardian Signature _____

Date _____