

What is ASPIRE?

ASPIRE is a free, online, bilingual, multimedia program developed by The University of Texas MD Anderson Cancer Center. It is a teen-savvy tobacco prevention and cessation program for middle and high school students ages 11 to 18.



How does it work?

The program motivates teens to be tobacco-free with:

- Videos, animations and games
- Testimonies from peers, doctors, smokers and non-smokers
- Information on the health, social and financial consequences of tobacco
- Tips and resources to avoid the temptation to start smoking or to stop smoking

ASPIRE Features

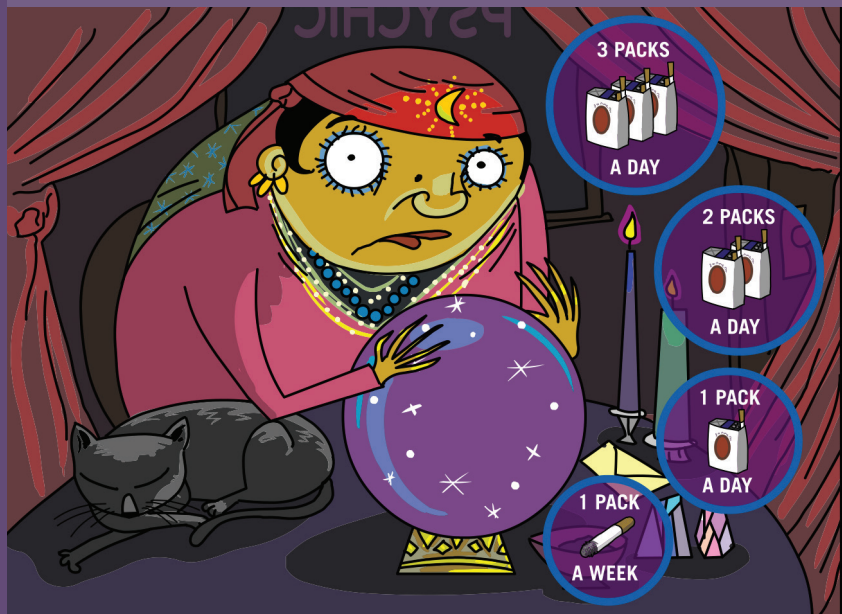
- Five educational modules with a pre and post test
- Quizzes after each module
- Certificate of completion
- Educators can pull data reports to track student grades and progress
- Takes between 3.5 to 4 hours to finish

Highlights of the ASPIRE Medicaid Waiver Program

(For Harris, Chambers, Fort Bend, Waller, Wharton, Austin, Colorado, Matagorda and Calhoun counties)

- Promotional items to encourage participation
- Incentives for teens that complete the ASPIRE program
- Technology available to gain access to ASPIRE

Visit www.mdanderson.org/aspire to see the ASPIRE program.



For more information on becoming involved, you may contact:

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MD Anderson
ASPIRE

A Smoking Prevention Interactive Experience