# cool KIDS

- Stop and get calm
- 2. Think about how I feel
- 3. Talk, work it out, or drop it

### Work It Out

- Think about the problem
- 2. Brainstorm solutions
- 3. Choose the best solution



- Stop and think
- 2. Talk with respect
- 3 Act with respect

#### GET IT DONE

- Know what needs to be done
- 2. Make a plan
- 3. Put the plan into action

## BE Confident

- Think positively
- 2. Be myself
- 3. Do my best