

North Shore Middle School Volleyball
HOME OF THE CHAMPIONS

PARENT INFORMATION

Two teams for 7th & 8th grade Volleyball

- All games will be played on Thursdays & 1 tournament on a Saturday
- Athletes must have a physical form on file in order to play volleyball. Students will not be able to tryout unless their physical form is complete.

Open Gym- August 24, 2019 9:00 a.m. -11:00 a.m **must have an updated physical**

Tryout Dates-

August 26-27

8th grade- 6:30 a.m. -8:10 a.m.

7th grade- 3:45 p.m. -5:30 p.m.

August 28

Both 7th/8th grade will tryout after school from 3:45 p.m. -5:30 p.m.

Practice Days- Monday, Tuesday, Wednesday, and Fridays

- 7th/8th grade will practice in the morning. Gym will open at 6:30 a.m. Practice will start promptly @ 6:45 a.m. No practice on game days.

Equipment: Athlete is responsible for ALL equipment assigned to them.

All lockers are to remain locked during practice (locks are built into lockers) Any valuables missing are a result of locker misuse by the athlete.

Game Days

- Athletes must ride the bus from games with their teams (a note must be provided otherwise- away games ONLY)

The North Shore Middle School Girls Coaching Staff is looking forward to working with your athlete during the 2019 Mustang Volleyball season.

Please contact Coach DuPlaga with any further questions.

