



Medical

- Cold and flu symptoms
- Allergies
- Bronchitis
- Respiratory infections
- Stomach upset
- Sinus problems
- Skin problems

Mental Health

- Depressive and anxiety disorders
- Bipolar, schizophrenia and psychotic disorders
- Attention disorders
- Alcoholism and addiction and substance-related disorders



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[Facebook.com/Teladoc](https://www.facebook.com/Teladoc)



1-800-Teladoc



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Medical copay covered at 100% for all full-time employees.

Mental Health copay waived for TRS-ActiveCare Primary, Primary+ and ActiveCare2 enrollees.

Getting started

It's quick and easy to set up your account.
And once your account is set up, a doctor is only a call or click away.

1. Visit teladoc.com
2. Click “Set up account”
3. Provide your name, contact information, and date of birth.
4. If you do not see a username on your welcome kit (or you do not have access to it), choose “No, I do not have a username.”
5. Select “My employer or insurance provider offers me access to Teladoc.”
6. Enter “Galena Park I.S.D..” in the “Company Name” field.
7. Complete the registration steps.
8. You can also complete your registration over the phone by calling 1-800-TELADOC (835-2362).
9. Employees on the TRs ActiveCare 1 HD plan and those who have waived medical coverage, notify the representative that you have access to consult through the Galena Park I.S.D. plan. Employees on TRs ActiveCare Select or TRs ActiveCare 2 plans you have access to consult through the TRs Plan.

