



Dear North Shore 10th Families,

On behalf of the North Shore 10th Counseling Team we would like to extend our support in hopes of helping you and your family navigate through the next three weeks. I know this is a challenging time for many of you and there is a lot of stress and uncertainty as to how coming weeks will look like. Our Team will be available remotely to assist in individual counseling to students, provide immediate outside resources for mental and physical health concerns, as well as answer any questions to the best of our knowledge about concerns for the rest of the school year. Please be patient with us as we don't have all the answers, but we will work diligently to seek them for you. Should you or your family have any pressing and immediate needs please contact our team, your child's counselor emails are listed below. Following, we are providing a student/parent link to assist you if you would like to schedule time to talk, as well as submit your questions and/or concerns.

English: <https://forms.gle/pDrrtBb6gNFaHW5D6>

Spanish: <https://forms.gle/9fGpiqMZDaKLRoR87>

Please remember that Galena Park ISD is offering free breakfast and lunch meal pick-up for children ages 18 years old and younger beginning Tuesday, March 17th. Students 18 and under must be present to receive meals.

Attached you will find resources we thought you may find helpful. As always, we at North Shore 10th are here for you, praying for you, and look forward to seeing you all safe and well on April 10th.

Truly!

North Shore Tenth Counseling Team

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