March is here! We continue to do our best to teach your child what they need to be successful and respectful. Thank you to all our families for making sure students are attending school daily and on time. We still have important district testing and STAAR is near in April and May. Please be aware of the important dates box for testing. We want to wish all our families a safe, restful spring break. Continue to encourage your child to read and practice math daily even when they are not in school.

Important Dates
3/2-3/6 TELPAS testing
3/4-3/8 Diagnostician week
3/4-Wed-Brighter Bites Distribution
3/5 - EAFK Ceremonies
3/6 - Food Day
3/7 – Principal Mr. Brown’s birthday
3/9 - 13th - SPRING BREAK (No School)
3/18- PK Info., Meeting @ NSSH
3/19-Thurs. Brighter Bites Distribution
3/21- Saturday Tutorials
3/21- Dual Language Academic Contest
3/24, 31st - Good News Club 3:15-4:15pm
3/24-3rd/4th Math District Assessment # 2, Good News Club
3/25-3rd/4th Reading District Assessment # 2
3/26-5th Science DA # 2
3/26-Thurs. Brighter Bites Distribution
3/28- Saturday Tutorials

Counselor’s Corner  
(Mrs. Garcia)  
Reduce Test Anxiety  
(Have your children practice)  
Positive self-talk: “I can do this!”, “I have practiced this”, “I am capable”  
Visualization: Close your eyes and picture yourself doing well on the test. This will boost confidence!  
Deep Breathing: This is a great anxiety reliever. Sit up straight and put your hands on top of your head. Slowly breathe in a full breath through your nose and out through your mouth. Repeat until you feel better.

Technology Corner
Number Sense helps children to develop fluency, speed and accuracy in arithmetic and mathematical reasoning.
Math Facts Mahjong brings together the game of Mahjong Solitaire and maths practice.

EAFK Monthly Social Skills: March 2020

Discipline
Discipline is a character trait that we need in our adult worlds. This is sometimes a difficult concept for children to understand. It is important for your children to be responsible and disciplined at home and at school. As we approach STAAR testing dates please remind your children to stay focused on their goals.